THE FOUR WINDS

BELFAST

COMPLIMENTARY GLASS OF WINE WITH EVERY MAIN

AVAILABLE TUESDAY TO THURSDAY 5-9PM



Food Allergy:
If you have a food allergy or intolerance, please let us know before ordering as our menu descriptions do not include all ingredients. Full allergen information for food and drink is available, upon request.

LIGHT BITES

* Soup of the Day £6.50
Homemade wheaten bread

* Pancetta, Black Pudding & Parmesan Cheese Arancini £x.xx
Garlic and truffle aioli

* Classic Chicken Caesar Salad £x.xx
Chargrilled chicken, smoked bacon lardons, toasted garlic & herb croutons, parmesan, house dressing

* Crispy Buffalo Chicken Wings £9.00
Frank's hot sauce, blue cheese dip, celery sticks

* Prawn Cocktail £x.xx
King prawns, marie rose sauce, baby gem lettuce, guacamole, tomato concassé, wheaten bread

Chicken Satay Skewers £9.50
Pineapple & chilli salsa, garlic naan, mixed leaf salad

Seafood Platter £12.50
Atlantic prawns, marie rose sauce, smoked salmon, wheaten bread, mixed salad, chive crème fraîche

Goat's Cheese Mousse £9.00
Roasted beetroot, candied walnuts, balsamic glaze

DELICIOUS SUNDAY ROASTS

* Hand-carved Co. Antrim Turkey with Mourne Ham £xx.xx
Creamy mash, duck fat roast potatoes, roast carrot & parsnips, topped with our rich roast gravy

* Roast Irish Silverside of Beef £xx.xx
Creamy mash, duck fat roast potatoes, roast carrot & parsnips, Yorkshire pudding, savoy cabbage & cauliflower florets, topped with our rich roast gravy

* Butcher Cut Available POA
Please ask your server

MAINS

* Pan Seared Cauliflower Steak (V) £19.00
Rosemary & thyme sautéed potatoes, crispy kale, red wine jus

Battered Fish & Chips £20.00
Chef's curry sauce, mushy peas, chunky chips, charred lemon

Four Winds Chicken Curry £19.00
Sweet spiced mango curry sauce, braised rice, garlic & coriander naan bread

Chicken Stack £20.00
Creamy champ, tobacco onions, peppered sauce or gravy

Beef Stack £24.00
Creamy champ, tobacco onions, peppered sauce or gravy

Four Winds Burger £19.00
Smoked bacon, Applewood cheese, onion ring, Ballymaloe relish in a brioche bap

Hunter's Chicken £20.00
Chargrilled chicken fillet, bacon, charred pineapple, mozzarella, bbq sauce, coleslaw, sweet potato fries

Chicken Fillet Burger £19.00
Cos lettuce, beef tomato, bacon mayo, guacamole, in a brioche bap with skinny fries

8oz Ribeye Steak £32.00
Confit tomato, portobello mushroom, onion rings, pepper sauce or red wine jus, triple cooked chips

Open Steak Sandwich £23.00
6oz flat iron on sourdough, mushroom pepper sauce, tobacco onions, skinny fries

Homemade Lasagne £19.00
Beetroot slaw, tossed salad, toasted garlic slice, skinny fries or chunky chips

Pie of the Day
Please ask your server

Fish of the Day
Please ask your server

DESSERTS

* Lemon Meringue Pie £7.00
Fresh cream, ice cream

Apple & Berry Crumble £7.00
Ice cream, custard

Mixed Berry Eton Mess £7.00

Chocolate Fudge Cake (GF) £7.00
Ice cream

* White Chocolate Cheesecake £7.00
Ice cream

* Sticky Toffee Pudding £7.00
Ice cream, Biscoff crumb

* Ice Cream Sundae (GF) £7.00
Please ask your server

*** SELECTED DISHES INCLUDED IN OUR SUNDAY MENU OFFER**
2 COURSES £24 | 3 COURSES £29

SIDES

Rosemary Salted Skin On Fries £4.75 • Triple Cooked Chunky Chips £4.75 • Salt & Chilli Fries £4.75
Parmesan Fries £4.75 • Onion Rings £4.75 • Seasonal Roast Vegetables £4.75 • Creamy Champ £4.75

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BELFAST

SUNDAY ROAST MENU

2 COURSES £24 | 3 COURSES £29

STARTERS

Soup of the Day
Served with cottage wheaten bread

Pancetta, Black Pudding & Parmesan Cheese Arancini
Garlic and truffle aioli

Classic Chicken Caesar Salad
Bacon lardons, parmesan cheese, sourdough croutons, tossed with cos lettuce, cherry tomatoes & homemade Caesar dressing topped with chargrilled chicken

Chicken Wings
Tossed in a choice of Korean BBQ or our house hot sauce, served with blue cheese aioli dip & celery sticks

Prawn Cocktail
King prawns, marie rose sauce , baby gem lettuce, guacamole, tomato concassé, wheaten bread

SUNDAY MAINS

Hand-carved Co. Antrim Turkey with Mourne Ham
Creamy mash, duck fat roast potatoes, roast carrot & parsnips, topped with our rich roast gravy

Roast Irish Silverside of Beef
Creamy mash, duck fat roast potatoes, roast carrot & parsnips, Yorkshire pudding, savoy cabbage & cauliflower florets, topped with our rich roast gravy

Butcher Cut Available
Please ask your server

Pan Seared Cauiliflower Steak (V)
Rosemary & thyme sautéed potatoes, crispy kale, red wine jus

DESSERTS

Lemon Meringue Pie
Fresh cream, ice cream

Sticky Toffee Pudding
Ice cream, Biscoff crumb

White Chocolate Cheesecake
Served with ice cream

Ice Cream Sundae
Please ask your server

LIGHT BITES

Soup of the Day £6.50
Homemade wheaten bread

Chicken Satay Skewers £9.50
Pineapple & chilli salsa, garlic naan, mixed leaf salad

Seafood Platter £12.50
Atlantic prawns, marie rose sauce, smoked salmon, wheaten bread, mixed salad, chive crème fraîche

Goat's Cheese Mousse £9.00
Roasted beetroot, candied walnuts, balsamic glaze

MAINS

Battered Fish & Chips £20.00
Chef's curry sauce, mushy peas, chunky chips, charred lemon

Four Winds Chicken Curry £19.00
Sweet spiced mango curry sauce, braised rice, garlic & coriander naan bread

Chicken Stack £20.00
Creamy champ, tobacco onions, peppered sauce or gravy

Beef Stack £24.00
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Chargrilled chicken fillet, bacon, charred pineapple, mozzarella, bbq sauce, coleslaw, sweet potato fries

Chicken Fillet Burger £19.00
Cos lettuce, beef tomato, bacon mayo, guacamole, in a brioche bap with skinny fries

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Pan Seared Cauiliflower Steak (V) £19.00
Rosemary & thyme sautéed potatoes, crispy kale, red wine jus

Homemade Lasagne £19.00
Beetroot slaw, tossed salad, toasted garlic slice, skinny fries or chunky chips

Pie of the Day
Please ask your server

Fish of the Day
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SIDES

Rosemary Salted Skin On Fries £4.75

Triple Cooked Chunky Chips £4.75

Salt & Chilli Fries £4.75

Parmesan Fries £4.75

Onion Rings £4.75

Seasonal Roast Vegetables £4.75

Creamy Champ £4.75

DESSERTS

Lemon Meringue Pie £7.00
Fresh cream, ice cream

Apple & Berry Crumble £7.00
Ice cream, custard

Mixed Berry Eton Mess £7.00

Chocolate Fudge Cake (GF) £7.00
Ice cream

Sticky Toffee Pudding £7.00
Ice cream, Biscoff crumb

Ice Cream Sundae (GF) £7.00
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SIGNATURE COCKTAILS

COSMO
Stoli Citrus, Cointreau, cranberry, lime juice, orange garnish

ESPRESSO MARTINI
Stoli Vanilla, Kahlúa coffee liqueur, cacao brown, double shot espresso, coffee bean garnish

COCONUT MARGARITA
Tequila, Malibu, lime jurice, coconut syrup, coconut garnish

MOJITO
Havana 3 Year Old, lime juice, sugar syrup, soda water

OLD FASHIONED
Maker's Mark Kentucky Straight Bourbon Whisky, brown sugar, orange bitters

FRENCH MARTINI
Stoli Citrus, Chambord black raspberry liqueur, lime juice, grenadine

BRAMBLE
Tanqueray Gin, Chambord black raspberry liqueur, lemon juice, sugar

APERITIVO SPRITZ
Zanin Aperitivo, soda water, Prosecco

DARK & STORMY
Kraken Spiced Rum, Old Jamaica ginger beer, lime juice, sugar, lime garnish

COCKTAIL OF THE MONTH
Please ask your server

CHAMPAGNE & SPARKLING

Taittinger Brut Réserve NV	£65.00
Parini Prosecco Spumante Brut DOC	£30.00
Parini Prosecco Spumante Brut DOC 200ML	£9.50
Nozeco 0% Sparkling	£14.00

ROSÉ

	175ML	250ML	BOTTLE
Canyon Road White Zinfandel	£6.95	£8.75	£25.00
Errazuriz Sauvignon Blanc Blush	£7.25	£9.50	£27.00

WHITE

Petit Chablis Chablisienne			£36.00
Castell de Raimat Albarino			£27.00
Miguel Torres Las Mulas Organic Sauvignon Blanc			£27.00
Whistling Duck Chardonnay			£26.00
Richland Sauvignon Blanc			£26.00
Miguel Torres Las Mulas Estate Chardonnay	£6.95	£8.75	£25.00
Santepietre Pinot Grigio	£7.25	£8.95	£26.00
Esk Valley Sauvignon Blanc	£7.50	£9.95	£29.00

RED

Torres Altos Ibéricos Crianza Rioja			£29.00
Richland Cabernet Sauvignon	£7.50	£9.75	£28.00
Cornellana Merlot	£6.95	£8.95	£25.00
Richland Shiraz	£7.25	£9.25	£26.00
Legaris Roble Tempranillo	£7.50	£9.75	£28.00
Antigal Estimulo Malbec	£7.50	£9.50	£27.00
Mark West Pinot Noir			£30.00

RUM

Havana Club 3 Year Old	£5.20
Havana Club Añejo	£5.50
Havana Club 7 Year Old	£6.00
Kraken Black Spiced Rum	£5.25
Captain Morgan's Spiced	£5.20

VODKA

Stoli	£5.20
Tito's Handmade Vodka	£6.00
Haku Japanese Vodka	£5.20

GIN

Gordon's Pink	£5.70
Boatyard Double Gin	£6.45
Monkey 47	£8.50
Tanqueray 10	£6.80
Hendricks	£6.80
Jawbox	£6.75
Malfy Con Limone	£6.80
Gin Mare	£7.50
Ha'penny	£6.75
Roku Japanese Craft Gin	£6.60

WHISKIES

Bushmills Original	£5.25
Black Bush	£5.80
Bushmills 10 Year Old	£6.85
Red Breast 15 Year Old	£11.50
Connemara Peated Single Malt	£6.50
Red Breast 12 Year Old	£8.95
Roe & Co	£5.25
Laphroaig 10 Year Old	£6.25
Maker's Mark	£5.70
Jim Beam Black Cherry	£5.25
Jim Beam Original	£5.20

NO ALCOHOL SPIRITS

Captain Morgan's Spiced Gold Rum 0.0	£4.75
Clean Co Clean T Tequila	£4.50
Gordon's Gin Alcohol Free 0.0	£4.50

Drinks