



THE FOUR WINDS

BELFAST

COMPLIMENTARY GLASS OF WINE WITH EVERY MAIN

AVAILABLE TUESDAY TO
THURSDAY 5-9PM

SUNDAY ROAST MENU

2 COURSES £24

3 COURSES £29



Food Allergy:

If you have a food allergy or intolerance, please let us know before ordering as our menu descriptions do not include all ingredients. Full allergen information for food and drink is available, upon request.

SALADS & SANDWICHES (FROM 12-4PM)

Caesar Salad	£10.00
Add Chicken	£4.00
Smoked bacon lardons, toasted garlic & herb croutons, parmesan, house dressing	
Greek Salad	£12.00
Mixed leaf lettuce, mixed olives, pickled cucumber, red onion, carrot, feta cheese, sun blushed tomato	
Marniated Pulled Chicken Flatbread	£10.00
Rocket & tomato salad, garlic aoili, parmesan cheese	
Marinated Pulled Beef Flatbread	£10.00
Rocket & tomato salad, chilli jam, tomato salsa	
Chicken Goujon Wrap	£12.00
Lettuce, tomato, red onion, chipolte mayo, skinny fries	
BLT	£12.00
Served cold or toasted on white or brown bread	
Soup & Sandwich Combo	£10.00
Served cold or toasted on white or brown bread	
Ham & cheese • Tuna, red onion & mayo	
Egg & onion • Chicken salad	

LIGHT BITES

Soup of the Day	£6.50
Homemade wheaten bread	
16 Hour Confit Pork Belly Bites	£9.50
Red cabbage slaw with honey, ginger & lime dressing	
Cauliflower Wings (V)	Small £8.00 Large £15.00
Franks hot sauce, blue cheese dip, celery sticks	
Crispy Buffalo Chicken Wings	Small £9.00 Large £15.00
Franks hot sauce, blue cheese dip, celery sticks	
Chicken Satay Skewers	£9.50
Pineapple & chilli salsa, garlic naan, mixed leaf salad	
Seafood Platter	£12.50
Atlantic prawns, marie rose sauce, smoked salmon, wheaten bread, mixed salad, chive crème fraîche	
Honey Chilli Chicken	Small £9.00 Large £18.00
Sautéed peppers, bok choy.	
Large dish served with braised rice or noodles	
Goats Cheese Mousse	£9.00
Roasted beetroot, candied walnuts, balsamic glaze	

MAINS

Battered Fish & Chips	£20.00
Chef's curry sauce, mushy peas, chunky chips, charred lemon	
Four Winds Chicken Curry	£19.00
Sweet spiced mango curry sauce, braised rice, garlic & coriander naan bread	

Chicken Stack	£20.00
Creamy champ, tobacco onions, peppered sauce or gravy	
Beef Stack	£24.00
Creamy champ, tobacco onions, peppered sauce or gravy	
Four Winds Burger	£19.00
Smoked bacon, Applewood cheese, onion ring, Ballymaloe relish in a brioche bap	
Hunter's Chicken	£20.00
Chargrilled chicken fillet, bacon, charred pineapple, mozzarella, bbq sauce, coleslaw, sweet potato fries	
Chicken Fillet Burger	£19.00
Cos lettuce, beef tomato, bacon mayo, guacamole, in a brioche bap with skinny fries	
Spaghetti Meatballs	£22.00
Beef & chorizo, tomato & basil sauce, parmesan, garlic bread	
8oz Ribeye Steak	£32.00
Confit tomato, portobello mushroom, onion rings, pepper sauce or red wine jus, triple cooked chips	
Open Steak Sandwich	£23.00
6oz flat iron on sourdough, mushroom pepper sauce, tobacco onions, skinny fries	
Pan Seared Cauliflower Steak (V)	£19.00
Rosemary & thyme sautéed potatoes, crispy kale, red wine jus	
Homemade Lasagne	£19.00
Beetroot slaw, tossed salad, toasted garlic slice, skinny fries or chunky chips	
Confit Pork Belly	£22.00
Dauphinoise potato, tenderstem broccoli, apple & parsnip purée, red wine jus	
Pie of the Day	
Please ask your server	
Fish of the Day	
Please ask your server	

DESSERTS

Lemon Meringue Pie	£7.00
Fresh cream, ice cream	
Apple & Berry Crumble	£7.00
Ice cream, custard	
Mixed Berry Eton Mess	£7.00
Chocolate Fudge Cake (GF)	£7.00
Ice cream	
Sticky Toffee Pudding	£7.00
Ice cream, Biscoff crumb	
Ice Cream Sundae (GF)	£7.00
Please ask your server	

SIDES

Rosemary Salted Skin On Fries £4.75 • Triple Cooked Chunky Chips £4.75 • Salt & Chilli Fries £4.75
Parmesan Fries £4.75 • Onion Rings £4.75 • Seasonal Roast Vegetables £4.75 • Creamy Champ £4.75