



# THE FOUR WINDS

BELFAST

## Welcome to The Four Winds. Drink Menu on reverse.

**Food Allergy:** If you have a food allergy or intolerance, please let us know before ordering as our menu descriptions do not include all ingredients. Full allergen information for food and drink is available, upon request.

**GF - Gluten Free** option available. **V - Vegetarian** option available. **VE - Vegan** option available. Please ask your server for details.

### STARTERS & LIGHT BITES

Seasonal Soup (GF) Stout wheaten bread	£5.50
Creamy Seafood Chowder Fresh herbs, stout wheaten bread	£8.50
Korean Spiced Chicken Wings (GF) Tossed in hot sauce with sour cream dip	£8.50
Nachos Tortilla chips, grilled cheese, jalapeños, sour cream, salsa & guacamole	Small £7.00 / Large £10.00
Satay Chicken Skewers Peanut Dipping & Salad. Large option comes with rice	Small £8.50 / Large £14.00
Salt & Chilli Squid (GF) Roast red pepper jam, Asian slaw	Small £8.50 / Large £14.00
Penne Pasta Carbonara Pancetta, white wine sauce, finished with parmesan	Small £8.50 / Large £14.00

### HOT SANDWICHES

Served Monday to Friday 12-5pm

Hot Sandwich & Mug of Soup - Gammon & mature cheddar cheese on sourdough - Garlic & herb roast chicken, red pepper, basil pesto on sourdough	£9.50
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### MAIN DISHES

Please ask your Server for our daily specials

Caesar Salad (V, GF) Garlic croutons, grated parmesan, dressing	£11.00 / Add Chicken £4.00
The Four Winds Burger Topped with bacon and mature cheddar, tomato coriander salsa, pickle, triple cooked chips	£16.00
Southern Fried Chicken Burger (GF) Brioche bun, sriracha mayo, baby gem lettuce, beef tomato, triple cooked chips	£16.00
Lasagne Tossed salad, beetroot slaw, toasted garlic bread	£16.00

Seafood Pie Salmon, prawns, cod, smoked haddock, herb cream sauce, puff pastry lid, mashed potato, seasonal vegetables	£17.00
Chicken Curry Chicken chunks in our signature fruity, creamy curry sauce, braised rice, poppadoms, mango chutney	£16.00
Pappardelle Pasta (V) Chorizo, cherry tomato, basil, garlic & chilli oil	£15.00
The Four Winds Steak Sandwich Ciabatta, pepper sauce, crispy onions, skinny fries	£19.00
Half Roast Peri Peri Chicken Paprika fries, chicken gravy	£17.00
Crispy Chilli Beef Stir fry vegetables, noodles	£17.00
Homemade Fish & Chips (GF) Beer battered haddock, triple cooked chips, mushy peas, tartar sauce, lemon wedge	£17.00
Pulled Jackfruit Tacos (VE) tomato salsa, avocado, red slaw and pickled onion on mini tortilla wraps	£14.00
Chicken Goujons Skinny fries, sweet chilli sauce	£15.00
Fajitas (GF) Add Chicken £4.00 Peppers, onions, guacamole, tomato salsa, sour cream, grated cheddar, tortilla wraps	£15.00
Fish of the Day Please ask your Server for details	POA
<b>SIDES</b>	£4.00
Rosemary Salted Fries (GF)   Triple Cooked Chips   Paprika Fries   Seasonal Buttered Vegetables	
Cheesy Garlic Toast	£5.00
Truffle Parmesan Fries   Beer Battered Onion Rings	£6.00

### DESSERTS

Homemade Sticky Toffee Pudding Hot toffee sauce, vanilla ice cream	£7.00
Flourless Chocolate Torte (GF) Hot toffee sauce	£6.00
Fresh Fruit Pavlova (GF) Seasonal fruit	£7.00
Cheesecake of the Day Please ask your server for details	£6.00
Warm Chocolate Cake Hot chocolate sauce, vanilla ice cream	£6.00
Ice Cream Sundae Chocolate, honeycomb, vanilla & strawberry ice cream, toasted nuts, toffee sauce	£6.00
Selection of Ice Cream (GF) Please ask your Server for details	£5.00

### COFFEE

From Peter James

Naturale House Espresso Shot	£2.50
Naturale House Espresso Shot (with water)	£2.60
Machiatto	£3.00
Flat White   Cappuccino   Latte   Mocha	£3.25

### REAL LOOSE TEAS

From Peter James

Assam House Loose   Earl Grey   Darjeeling   Green Pinhead Gunpowder	£2.60
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## Four Winds Roast - Every Sunday

Roast Beef or Turkey & Ham with all the trimmings.

Please download our **Kudos Rewards app** at iTunes or Google Playstores and place orders directly to the kitchen.

If you have any special requests, please make a member of staff aware of your requests and we'll do our best to accommodate you.

