



THE FOUR WINDS

BELFAST

COMPLIMENTARY GLASS OF WINE
WITH EVERY MAIN AVAILABLE
TUESDAY TO THURSDAY 5-9PM

LIGHT BITES

Soup of the Day	£6.50
Served with stout wheaten bread	
Taco of the Day	£9.00
Flame grilled corn torillas, shredded iceberg lettuce. Please ask your Server for todays special	
Crispy Buffalo Chicken Wings	£9.00
Tossed in hot sauce and sesame seeds with a blue cheese dip	
Pil Pil Prawns	£9.50
Spanish tapas style prawns cooked in olive oil with fresh chilli garlic and paprika served with a garlic slice	
Tomato and Mozzarella Arancini	£8.00
Panko breaded bon bons, shallow fried and filled with roast plum tomato, fresh mozzarella, naga chilli aoili dip	
Chinese 5 Spiced Pork Belly Bites	£9.00
Tossed in our signature hoi sin sauce with napa slaw	
Halloumi Fries (V)	£8.50
Crispy coated halloumi dippers, jalapeño & mint yoghurt dip	
Classic Chicken Caesar Salad	£9.50
Crisp baby gem lettuce, creamy classic caesar dressing, bacon lardons, shaved parmesan, garlic croutons	

PIZZA

12 INCH ARTISAN SOURDOUGH PIZZA BASE
TOPPED WITH AN ARRABBIATA SAUCE AND
CHEDDAR AND MOZZARELLA

Pepperoni	£16.00
Our loaded pepperoni, a timeless favourite!	
Chicken Fajita	£16.00
Fajita spiced chicken, mixed peppers, salsa, guacamole, crushed chilli nachos, sour cream	
Four Winds Four Cheese	£16.00
Cheddar, mozzarella, goats cheese, parmesan	
BBQ Pulled Pork	£16.00
Jalapeño peppers, red onion, siracha hot sauce	

MAINS

Pan Fried Chicken Stack	£19.00
Chargrilled chicken breast, creamy champ, peppercorn cream, beer battered onion rings	
Massaman Curry	£18.00
Lightly spiced chicken curry, braised rice, garlic & coriander naan	
6oz Sizzler Steak	£22.00
Served on a bed of sautéed mushrooms, onions, peppercorn cream, choice of side	
Southern Fried Chicken	£19.50
Southern fried chicken breast, hen egg, crispy waffle topped with chicken gravy and sweet potato crisps	
Seafood Linguini	£18.00
Coley, salmon, prawns, smoked cod in a chilli, tomato & fennel cream sauce, garlic slice topped with parmesan	
Korean Spiced Chicken Burger	£17.50
Medium spiced with baby gem lettuce, beef tomato, skinny fries, blue cheese dip	
Chickpea, Spinach and Tomato Dahl (VE)	£18.50
Lightly spiced red lentil curry, courgette, tomato, chickpea, steamed rice with a garlic & coriander naan	
Classic Beer Battered Haddock	£19.00
Mushy peas, tartar mayo, curry sauce, triple cooked chips	
The Four Winds Burger	£17.50
6oz chargrilled Irish beef burger, smoked bacon, cheddar cheese, baby gem lettuce, pickled gherkin, homemade tomato salsa with skinny fries	
Chinese 5 Spiced BBQ Pulled Pork Ciabatta	£18.00
Charred ciabatta, cheddar cheese, celeriac & apple remoulade, smoked bacon, skinny fries, chilli tomato salsa dip	
Pan Fried Smoked Cod	£22.00
Buttered spinach, poached egg, pea purée, parsley mash, hollandaise sauce	
Cornfed Chicken Supreme	£22.00
Honey roast carrot & parsnip, creamy mash, tenderstem broccoli, smoked bacon & mushroom cream sauce	
Chargrilled 10oz Dry Aged Sirloin Steak	£32.00
Confit tomato, portobello mushroom, peppercorn cream, beer battered onion rings, choice of side order	

SIDES

Triple Cooked Chips £4.75 Skinny Fries £4.75 Parmesan Fries £4.75 Creamy Mash £4.75
Halloumi Fries £4.75 Onion Rings £4.75 Seasonal Vegetables £4.75 Mini Caesar Salad £4.75

DESSERTS

Homemade Sticky Toffee Pudding	£7.00	Mixed Berry Crumble	£7.00
Hot toffee sauce, vanilla ice cream		Custard, ice cream	
Lemon Meringue Pie	£7.00	Ice Cream Sundae (GF)	£7.00
Fresh cream		Please ask your Server for details	
Chocolate Brownie	£7.00		
Vanilla ice cream			

SUNDAY ROAST MENU 2 COURSES £24 | 3 COURSES £29

Food Allergy: If you have a food allergy or intolerance, please let us know before ordering as our menu descriptions do not include all ingredients. Full allergen information for food and drink is available, upon request.